Play Kindness Chitter Chatter for World Kindness Day



A LITTLE ABOUT US

Family Volunteering Club makes it easy and fun for children and their grown-ups to volunteer together. We believe children are never too young to help others, care for their community and discover the difference they can make.

We hope you have fun with our Kindness Chitter Chatter celebrating World Kindness Day!



YOUR 8 KINDNESS MISSIONS

ENCOURAGMENT Tell someone something lovely to make them feel special	**THOUGHTFULNESS** Draw a picture or make a card for someone you care about.
CONNECTION Give a friend or family member a big hug or high five.	**EMPATHY** Check in on someone by phone or video call and have a little chat.
JOY Tell a family member a joke, or pull a funny face to make them laugh!	**CARE** Water a plant that needs a drink, inside or outside.
RESPONSIBILITY Tidy some of your toys or help without being asked.	**GRATITUDE** Notice someone who helps you -tell them what you appreciate.

MAKE IT TOGETHER!

Ask a grown-up or family member to help you – or even better, make and play your Kindness Chitter Chatter together with family and friends!

You don't need to print every page - just print the ones you need, such as the instructions on page 2 and the template on page 3.

HOW TO PLAY

1. Make your Kindness Chitter Chatter using the printable page.
2. Choose a number on the outside ***(1-4).***
3. Open and close your Chitter Chatter as you count to that number.
4. Choose one of the numbers you can see inside ***(1-8).***
5. Open and close it again as you count to that number.
6. Choose one final number and lift the flap to reveal your kindness mission.
7. Do your act of kindness!

Whatever you pick becomes your little kindness mission for the day. Why not keep a diary or make a chart to count how many times you complete your kindness act!

WANT TO DO MORE GOOD TOGETHER?

Looking for more fun **ways to volunteer and make a difference together at home? Discover more Family Volunteering Club activities, challenges** and downloadable resources:

www.familyvolunteeringclub.co.uk



HOW TO MAKE YOUR KINDNESS CHITTER CHATTER





7 FOLDING STEPS

1 CUT OUT YOUR SQUARE



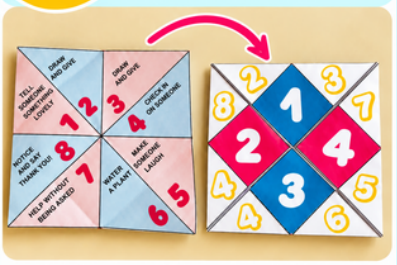
Carefully cut around the outside edge of the large Kindness Chitter Chatter square.

2 FOLD ALL FOUR CORNERS TO THE CENTRE



With the printed side face down, fold all four corners to the centre.

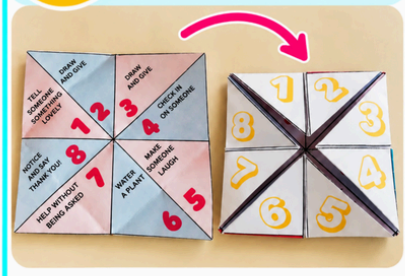
3 FLIP IT OVER



Flip it over so the numbers 1–8 and all eight kindness missions are facing up.

The coloured numbers 1–4 should now be facing down.

4 FOLD ALL CORNERS TO THE MIDDLE



Fold all four corners into the centre so the numbers 1–8 are facing up.

5 FOLD IN HALF ONE WAY



Fold in half, bringing the top edge down to meet the bottom edge.

6 PUSH YOUR FINGERS UNDER



Slide your thumbs and forefingers under the squares.

7 YOUR KINDNESS CHITTER CHATTER IS READY TO PLAY!



Slide your thumbs and forefingers under the squares and move the Kindness Chitter Chatter back and forth to play!

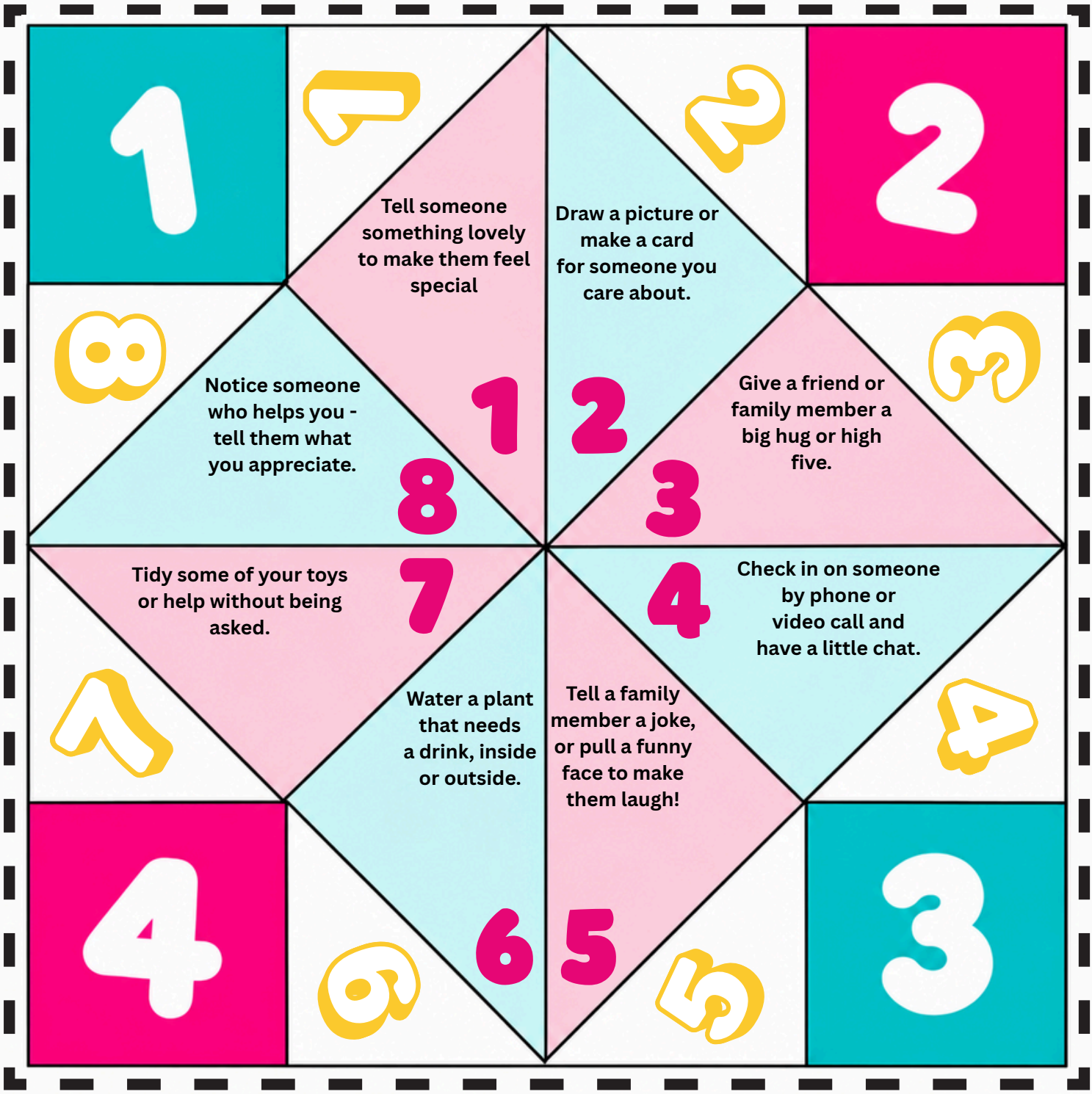


KINDNESS CHITTER CHATTER TEMPLATE

TELL US HOW YOU YOU GOT ON!

We'd love to hear how your family got on with your Kindness Chitter Chatter! Tell us which kindness mission you picked, or send us a photo of your finished Chitter Chatter.

email: info@familyvolunteeringclub.co.uk



(CUT CAREFULLY AROUND THE DOTTED LINE TO MAKE YOUR KINDNESS CHITTER CHATTER SQUARE)

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FAMILY Volunteering Club



HOW DID YOU GET ON?

We'd love to hear how your family got on with your Kindness Chitter Chatter!

Tell us which kindness mission you picked, or send us a photo of your finished Chitter Chatter.

EMAIL US AND TELL US HOW YOU GOT ON!

info@familyvolunteeringclub.co.uk

FIND MORE WAYS TO VOLUNTEER TOGETHER

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